



Theatre Virtual Learning

Acting III & Acting IV

Laughter is the Best Medicine

Date: May 6, 2020



Lesson: May 6, 2020

Objective/Learning Target:

Students will explore techniques for an actor performing comedy.

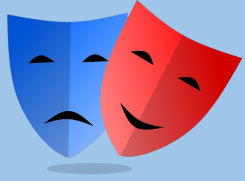
Laughter is the Best Medicine!



Let's Get Started / Warm Up Activities:

Do you think you are funny? Why or why not?

Have you ever played a comedic role? What was that experience like for you?



Lesson: What actors should know about performing comedy!



1. First, watch the video. And then reflect on the tips the actress shared.
2. Next, read the article linked below. As you are reading, fellow actors will share 6 tips. Make a t-chart to keep while reading with one side listing the suggestion/tip and the other side listing your thoughts on each suggestion.

[What Every Actor Needs to Know About Performing Comedy](#)



Practice: Choose one of the following

Many say that “laughter is the best medicine”. One common theme you will find in comedy is that the humor comes from truth. This is why you find many comedians sharing personal stories of grief and difficult times as a way of using humor to process them.

Today, you have two choices:

1. Write a short comedic routine about the experience of being self-quarantined. This should be 1-3 minutes. It can take on any format that you would like: a traditional stand-up routine, a tik-tok, a remake of a song, etc. There are many examples on line for reference.
2. Choose a comedic routine on youtube, netflix, etc. Watch, enjoy, and reflect where the artist found humor!